



## ÉCOLE LORD SELKIRK ELEMENTARY SCHOOL

1750 East 22<sup>nd</sup> Avenue, Vancouver, BC V5N 2P7

Phone: 604-713-4650 Fax: 604-713-4657

<https://www.vsb.bc.ca/schools/lord-selkirk/Pages/default.aspx>

# THE CEDARS' BARK- September 2020

Principal:	Shannon Burton	604-713-4650
Vice-Principal:	Meghan Gomes	604-713-4650
Director of Instruction:	Aaron Davies	604-713-4424
School Liaison/Trustee:	Lois Chan-Pedley	

## Principal's Message

Dear Selkirk Community,

I would like to welcome you to Selkirk Elementary for the 2020-2021 school year. Although we are starting in very different conditions than ever before, we are excited to have students and staff back in the building learning and growing together. It is all people that make this community such an excellent place to work and learn.

This new, unusual, and challenging place we find ourselves in as we start this school year may bring discomfort and anxiety. Many things are different than they were before March. Changes often place us in vulnerable situations as we are going from a place of comfort to a place of discomfort or unfamiliarity. Often these transitions can be scary or difficult. Students may feel vulnerable in this new way of life. I find it good in these situations to reflect on the importance and power of vulnerability. This is an opportune time to help students develop courage. The courage to begin a new year in a new class, with new faces and new protocols to ensure safety. Brene Brown speaks about this in her book "The Gifts of Imperfect Parenting." This is a great read about raising kids with courage, compassion, and connection.

The school staff at Lord Selkirk is dedicated to ensuring the social emotional well-being of all students. We have committed to starting the year with programming to help reduce anxiety and build up social emotional competencies. The grades 4-7 students will be getting the [EASE Program](#) from Ms. Reid, our Youth and Family Worker, or Ms. Ashley, our school counsellor. The grade 2 and 3 students will be getting the [Zones of Regulation Program](#). The Kindergarten and grade 1 students will be getting a program called [We Thinkers Program](#). Each of these programs will help students develop the strategies to learn to identify and deal with emotions, which is particularly important during a global pandemic.

The door may not be literally open as it has been, however, we are here for you and are just at the end of a call or email. Please reach out if you have questions or concerns.

In Health,

Mme. Burton

---

## ***Important Dates***

---

<i>Wednesday September 23-Wednesday September 30<sup>th</sup>.</i>	Meet the Teacher or overviews
<i>Monday September 28</i>	Pro-D Day: No School
<i>Monday October 12</i>	Thanksgiving: No School
<i>Friday October 23</i>	Pro-D Day: No School
<i>November 2 -Jan 2021</i>	Kindergarten Priority Registration
<i>Friday November 27</i>	Pro-D Day: No School

---

## ***REVISED DAILY HEALTH ASSESSMENT***

---

Our goal as a school is to keep students and staff as safe as possible with the preventative measures in place. We continue to follow to adhere to the requirements of the [COVID 19 Public Health Officer's Guidance for School Settings k-12](#). The most important way to keep all students safe is to NOT send any flu symptomatic students to school. We rely on all parents to pre-screen your child(ren) daily. We must take all necessary precautions to ensure safety for ALL our families. We ask that you continue to do your part in keeping us all safe. Please see the revised Daily Health Assessment attached to this email.

---

## ***OPTION 4 – LEARNING FROM HOME TRANSITION***

---

Families that selected option 4 should hear from their classroom teachers today.

This is a temporary transition option intended to support students in returning to in-person instruction on October 13, November 9, or January 5. We ask families to let us know, a week prior, if their child is returning in-person. If you are not intending to return you must contact administration to discuss options. Although some assignments and work will be provided by the school, the Learning from Home Transition Support is **not** an on-line teaching and learning program.

---

## ***SAFE ARRIVAL AND REPORTING ABSENCES***

### ***SIGN IN AND OUT PROCEDURES***

---

Ensuring student safety is a shared responsibility. To assist schools, we ask parents to notify the school of student absences.

To Report Your Child(s) Absence – Please call (604)713-5159 prior to 9 am. Please press 76 (school code) and then #. Please spell your child's last name and state the first name and the reason for the absence.

If your child(ren) arrive after their class has entered the school, please wait with them at their division sign for a staff member to come and take them inside. Students are not to enter the school unless accompanied by a staff member. If a

staff member has not come by 9:10am or you arrive after 9:10am, bring your child to the main entrance (22nd Avenue) and call the office. Someone will come outside to bring your child to class.



---

### ***DROP OFF AND PICK UP / VISITORS***

---

Thank you for dropping your student off promptly at 8:55 on school days. We kindly ask that once you get to your division sign and make contact with the classroom teacher/prep teacher you promptly leave the school grounds. Please avoid waiting around until classes go in the school. We want to reduce the number of adults and ensure physical distancing so appreciate your cooperation with this. Thank you.

All visitor contact must be by phone, email, or appointment due to COVID screening protocols. We ask that all parents/visitors only use the Main School entrance on East 22<sup>nd</sup> to enter the school and report to the office. Parents are not to go to their child's classroom. Any supplies or lunches (labelled with child's name and division) are to be left at the office. It is your child's responsibility to retrieve the items for the office. Please ensure you call the office before entering the building.

---

### ***HOT LUNCH PROGRAM / FOOD SHARING***

---

At this time there will not be a hot lunch program offered at Selkirk Elementary due to the pandemic. We will share information as it becomes available to us.

If you received lunch from March to June, you can automatically receive it again this year. Please contact Mme. Gomes if you have not gotten a permission form. If you are a new family to Selkirk, who is struggling with food security, please also reach out to Mme. Gomes so we can work to support you.

Also, at this time we are asking that no food or snacks be sent to school to celebrate birthdays or other occasions – even if they are individually wrapped.

---

### ***MEET THE TEACHER NIGHT- Virtual***

---

We will be holding Meet the Teacher the week of September 23 – 30. More information will be shared through the classroom teacher. Teachers will either be sending home full program overviews or hosting a meeting for families on TEAMS. Please contact them if you have not heard from them by this Wednesday September 23<sup>rd</sup>.

---

## **RECESS AND LUNCH BREAKS**

---

Please ensure all students are prepared with proper jackets and footwear as we will spend more time outdoors. At this time, we will be having two recess breaks and two lunch breaks to keep the number of children outside limited. Please see teacher program information for recess and lunch based on your child's division.

---

## **SELKIRK STAFF INTRODUCTIONS**

---

We are very excited to welcome all returning staff this year. We also have several new staff members. It is the entire team here at Selkirk that helps to ensure we have a wraparound support system to create positive experiences for each child. If you feel your child needs extra support in any way, please reach out to your classroom teacher as a starting point.

Please see our Selkirk Staff List on the Selkirk Website.

---

## **PAC INFORMATION**

---

Bike to school week is coming up Sept 29-Oct 2, 2020.

The buzz word for the week is to use "active transport" but what that means for kids and families is that you walk, bike or scooter to school this week as a celebration of how much fun this can be. For families new to biking and "active transport" there are some great things going on to help make it easy for you.

Selkirk has a map of the best walking and cycling routes:

<https://vancouver.ca/files/cov/lord-selkirk-best-walking-and-cycling-routes-map.pdf>

Also, the Cycling HUB is a group of people in Vancouver helping others to get on bicycles.

<https://bikehub.ca>

On this website under resources they have cycling maps for the whole city, links to bike education, and a handy guide from Portland for cycling with kids of all ages.

<https://www.portlandoregon.gov/transportation/article/485287>

Lastly if you do not have a bike, we are lucky in Vancouver to have a place that takes in kids and adult's bikes, fixes them up and sells them again. The philosophy is "no one is turned away from lack of funds" so this is a great place to help get everyone on a bicycle that wants to.

<https://www.eastvankickstand.org>

If you want to be involved in supporting this (we will need a limited number of parent volunteers) contacts Nancy Manning at [nancyhelenmanning@gmail.com](mailto:nancyhelenmanning@gmail.com). Nancy is also happy to answer any cycling questions you have and looks forward to seeing you (from 6 feet away) at the bike rack :)

**PAC Fundraising**

**Famous Foods** - Local, convenient, all your grocery needs covered.

How It Works:

- 1) Buy a Famous Foods grocery card from the PAC website.
- 2) The PAC will arrange to deliver the Famous Foods card to you.
- 2) Spend at Famous Foods when buying your groceries.
- 3) When the money runs out, buy a new one (Famous Food does not reload the cards as part of the PAC fundraiser).

Buy your Famous Foods card here - [Lord Selkirk Elementary PAC](#). Available in \$50, \$100, and \$500 amounts with 15% donated to the school!

### **Mabel's Labels**

Now is the time to label all your kid's items and make Lost & Found easier for all! Get high quality labels that do not peel off, so your kids don't lose their stuff!

How It Works:

- 1) Go to: [https://mabelslabels.ca/en\\_CA/fundraising/support/](https://mabelslabels.ca/en_CA/fundraising/support/)
- 2) Under Support a Fundraiser, choose Lord Selkirk Elementary PAC (20% is donated to the school!)
- 3) Chose your Combo Pack, fill in your child's information (ideally first initial and last name - ex. J. Smith), and purchase.

Under Combo Label Packs, here are some good options:

- The Fundraiser Combo (39 combo labels for \$17.45)
- Tag Mate Stick on Clothing Labels (70 clothing labels for \$21)
- Clothing Label Pack (70 clothing labels and 12 shoe labels for \$25.95)
- Custom Clothing Stamp (1000 imprints on all colours of clothes for \$47.00)