

SACY Parent & Family staff work with schools and families to strengthen connections with youth and to support their healthy social, emotional & physical development. SACY is available across the district to collaborate on referrals to community services for families, as well speakers and supports for enhancing parent and family engagement for schools.

Caregiver Presentations and Resources

Organization	Topic	Contact
SACY Capacity Café	Youth Voices: Parents can hear directly from youth about the stresses and pressures youth face; learn from youth perspectives.	Your school SACY contact www.vsb.bc.ca/SACY
FamilySmart and Parent in Residence	Mental Health: FamilySmart empowers families and works collaboratively with professionals to meet the mental health needs of families. Parent in Residence may be available to speak	www.familysmart.ca 604-878-3400
Parents Together Parents in the Know	Parent Support & Education: A mutual support group for parents to develop skills to end conflict in their homes. A facilitator & parents from the groups are available for presentations / Q & A on surviving some of the challenges of the teen years.	604-325-0556 parentstogether@bgcbc.ca
VCH C.A.R.T. VCH Public Health Nurses	Child & Adolescent Response Team: A Vancouver Coastal Health child and youth clinician may be available to speak on topics related to youth mental health. Your School Nurse can talk about issues related to youth physical and mental health.	CART: (604) 874-2300 VCH Public Health nurse: your school administration
Safe Online	Internet Safety: internet 101, cyberbullying, online pornography and social media basics, examples of positive technology use, tips for parenting wired kids.	info@safeonline.ca NOTE: there is a fee for presentation.
BC Problem Gambling & Gaming	Problem Gambling (& Gaming) Prevention: public education, consultation to professionals, and prevention activities related to problem gambling, including some online gaming presentations.	1-888-795-6111 info@bcresponsiblegambling.ca
VSBC Diversity Mentor VSBC Anti Racism Mentor	Inclusive Practice: Providing education and support designed to build capacity within schools & individuals with respect to issues of diversity & inclusive practices.	diversity@vsb.bc.ca or rjgill@vsb.bc.ca
VSBC Secondary Counsellors	Guidance Counsellor: Talk to your administrator inviting a school counsellor to talk with parents about supporting youth (especially grade 8 parents) in secondary school	Your Secondary School Website
Options for Sexual Health (OPT)	Becoming an Askable Adult: Learn skills to be an approachable, non-judgmental sources of reliable sexual health information.	www.optionsforsexualhealth.org /education/booking-form NOTE: presentation fee

Contact Alexandra Wilson, SACY Parent Stream Lead (ajwilson@vsb.bc.ca) for supports available to secondary schools.

Visit www.vsb.bc.ca/SACY for more information