

ÉCOLE LORD SELKIRK ELEMENTARY SCHOOL

1750 East 22nd Avenue, Vancouver, BC V5N 2P7

Phone: 604-713-4650  Fax: 604-713-4657

<http://go.vsb.bc.ca/schools/selkirk/Pages/default.aspx>



THE CEDARS' BARK- March 2019

Principal:	Shannon Burton	604-713-4650
Vice Principal	Dominic Maggiolo	604-713-4650
Director of Instruction:	Aaron Davis	604-713-5016
School Liaison/Trustee	Lois Chan-Pedley	

PRINCIPAL'S MESSAGE

Dear Parents and Guardians:

What a wonderful term it has been at Lord Selkirk School. There have been many great activities this term both in and out of the classroom; such as presentations on diversity and acceptance, writing with buddies, project chef, 100 day projects, badminton team playoffs, country project, We Day group Kindness O Grams, WITS leader training, coding projects, Quebec exchange, talking with the International Space Station, Selkirk Royale, French Immersion movie field trip, mental health talks, Ready Bodies Learning Minds Lab, basketball team success, and many more activities and educational excursions.

We are excited to be launching our WITS program after spring break. There are 45 intermediate students that have attended 12 training sessions with Ms. Burton, Miss Ashley and Ms. Mani to learn how to help students solve problems and deal with bullying. WITS is a research-based approach to help students have the strategies to address conflict and to help reduce peer victimization. It is a community-based program and our School Liaison Officer Julie Birtch is our School WITS Champion. She will be attending our launch assemblies in April. The WITS strategy is W- Walk Away I – Ignore T – Talk it out S – Seek Help. There are also great online parent resources I will be sharing in my next newsletter. Student leaders have learned to help people by L-listening E- Exploring Points of View A- Acting out Strategies D- Asking did it work? S- Seeking help if necessary. We will have 6-8 WITS LEADs Helpers outside each recess and lunch to help students. Check out the WITS parent resources here: <https://witsprogram.ca/pdfs/schools/media-resources/using-your-wits-at-home-a-resource-for-parents.pdf>

I want to take this opportunity to thank the staff at Lord Selkirk Elementary for all their amazing work with our kids. The children here are truly well supported. Thank you to the wonderful parent community for their support of all the programs here at Selkirk and for being positive partners in education. It is by working together that we have the greatest impact on the children.

Have a restful and rejuvenating Spring Break. We will see you on Monday April 1st (not an April Fools joke) for the first day back.

Sincerely,

Mme Burton

Important Dates

March 18 - 29	Spring Break
April 1	Welcome Back
April 2	Group/Class Photos
April 19	Good Friday No School
April 22	Easter Monday No School
April 29	Pro-d Day No School
May 1	Volunteer Tea
May 16	Sports Day
May 17	Pro-d Day No School
May 20	Victoria Day No School
June 27	Last Day of School
June 28	Administration Day

Seismic Information Session

Please find attached an invitation to the Selkirk Public information session regarding our Seismic upgrades. TUESDAY, APRIL 2, 2019 3:30PM - 6:30PM (GYMNASIUM)

Summer School 2019

Please note that Summer School registration will open on April 29, 2019. If you would like to register, please visit:

<https://summer.vsb.bc.ca/Pages/default.aspx>

The PDF catalogue will be available in April and all information can be located on via the link above.



Clean for a Cause Fundraiser

Clean for a Cause is back for its final year as a fundraiser!

Second Nature and Sapadilla Soap have partnered up to offer amazing smelling, eco-friendly, refillable cleaning products. Dish soap, liquid hand soap, all-purpose cleaner and concentrated laundry detergent are available to order. Check your kids' backpacks for order forms. Encourage all your family and friends to order with your child - 30% of purchases are donated back to our school!

Come to the school office to discover which scent you like best: Lavender Lime, Rosemary Mint, and Grapefruit Bergamot.

Sapadilla is locally made, using 100% pure essential oils with non-toxic and plant-based biodegradable ingredients. Safe for the whole family and skin-friendly.

To order:

1) Order online until Friday, March 29th - <https://squareup.com/store/LordSelkirkPAC>

Questions? Contact Heather at lordselkirkPAC@gmail.com. Refills are always available at Second Nature Boutique, 3565 Commercial Street.

As always we appreciate your support to our school, Lord Selkirk PAC



More Sports Soccer at Van Tech

MoreSports Mini Soccer (5-6 yrs)

Waisse Ururyar

No experience is necessary! Soccer boots and shin guards are not provided, however, they may be worn if your child has them. Each sessions will focus on a fundamental skill(s) and/or drill(s) followed by a game. *Ending season Tournament - Soccer Jam - will be held at Trilium Field on Saturday June 8. No class on May 19 & June 9.*

5-6 yrs

Su, 9:00-10:15 AM Apr21-Jun09 \$30/6 sess
Offsite - Van Tech Artificial Turf Field 215404

7-8 yrs

Su, 10:30-11:45 AM Apr21-Jun09 \$30/6 sess
Offsite - Van Tech Artificial Turf Field 215406

9-10 yrs

Su, 12:00-1:30 PM Apr21-Jun09 \$30/6 sess
Offsite - Van Tech Artificial Turf Field 215407

11-12 yrs

Su, 12:00-1:30 PM Apr21-Jun09 \$30/6 sess
Offsite - Van Tech Artificial Turf Field 21540

BIKE TO SCHOOL WEEK

Hey Parents and Students - Bike to School Week is coming - Monday May 27th to Friday 31st of May:

Spring is here and it's time to dig out your bike and prepare for that sweet sweet warm weather riding! We have some exciting events planned to prepare, tune up and bling out your ride. It's the healthiest, fastest and fun-est way to get to school!

1. Get Ready! Tune up your bike - check your Air, Brakes and Chain. Make sure your helmet fits.
2. Get Riding! From Monday 27th to Friday 31st of May ride your bike to and from school. Collect a sticker and put it on our poster.
3. Win Prizes! Win some hot bling for your ride.

Fill the Road with Wheels!

More information at bikehub.ca/btsw

When thinking about children's bikes, please consider lights, bells & helmets as part of that package.

To help facilitate safer rides, we are planning the free 1st annual, "BIKES, LIGHTS, & BLING - SPRING FLING"!

To volunteer, please contact Alison Mills @ chcali@gmail.com

The PAC will be collecting donations of new/used:

- Lights- bike, Led, turtle etc.
- Bells,
- Helmets,
- Reflective items



EQUAL PLAY GIRLS SOCCER CAMP

Just a reminder that we are running a FREE Equal Play Girls Soccer Camp for the students who participated in our lunch Equal Play Program.

Players can just show up, but it is easier if players can register: Here is a link to register. https://events.r20.constantcontact.com/register/eventReg?oeidk=a07eg38u5ge09b15db1&os_eq=&c=&ch=

Workshop

Sir Wilfrid Laurier PAC is hosting a workshop regarding Understanding the brain and how Technology Affects your Brain. More information is included in the attachment.