

FREE

SAVE THE DATE



February 2nd, 2017

Supporting Success in Youth

**Vancouver Technical Secondary School (Auditorium)
2600 East Broadway, Vancouver, BC, V5M 1Y5**

- Listen to health experts
- Meet community support organizations
- Ask questions
- Learn what normal, healthy stress looks like
- Learn strategies to use at home
- Learn how to maintain open communication to support youth children

Presented in Cantonese for parents, caregivers of youth **grades 7-10**
Light dinner provided



a place of mind
THE UNIVERSITY OF BRITISH COLUMBIA
Faculty of Medicine
Department of Emergency Medicine

